



Canal Winchester Senior Citizens, Inc.

Canal Winchester Senior Citizens, Inc • 22 S. Trine Street • Canal Winchester, OH 43110 • (614) 837-8276

President's message,

How great it is to gather and see each other! I missed you all.

Please make sure to check the newsletter for Human Services trips and activities at the Center! We have lots of things to choose from.

Tracy Weiland

A Note from your Center Coordinator

Come see your friends or make new ones at lunch on Tuesdays. We serve at 11:30. Sign up by Friday of the previous week to reserve your spot.

If you haven't paid your dues, they are now past due.

The annual dues are from July 1 - June 30. Please pay to continue to receive your newsletters. If you are in doubt, give us a call.

Linda

TOOLS FOR SCHOOLS



Please consider donating school supplies to help children in need in Canal Winchester and Bloom Carroll schools. **Markers, glue sticks, highlighters and dry erase markers** are needed most.

CW Human Services will be collecting school supplies through August. A donation box is at the Center.

Movies in the Park



Family-friendly movies will be shown outdoors at Hanners Park at 458 Groveport Road. The movie will begin after sunset, around 9pm. Enjoy the movie from the comfort of your vehicle, or bring a chair or blanket to watch from the lawn.

August 13 - The Little Rascals (1994), rated PG

Farmers' Market

Fresh vegetables, fruits, herbs, home baked goods and decorative items are available at the Canal Winchester Farmers' Market, now in its 23rd season. It runs Saturday mornings, 9am to noon, through September 25th. The market has moved to a new larger location at the Canal Winchester Historical Society Complex, at the corner of West Oak and High Street.



Fabric & Quilt Sale Saturday, September 4

The Quilters on the Canal will hold a Fabric and Quilt Sale at the Community Center during the Hometown Day Festival on Saturday September 4th. The sale will be held from **9am to 2pm**.

Come find a deal on fabric, books and some beautiful handiwork. Don't miss it !!

Music in the Park

Music in the Park is a free summer concert series, featuring live entertainment and family-friendly activities at Stradley Place, located next to the city municipal building at 36 S. High Street. Music and activities run from 6 - 9 pm.

August 27 - Music in the Park featuring Waterloo 5

September 24 - Cruise-In Car Show and music by The Gas Pump Jockeys.

Bring a lawn chair and enjoy the tunes!

HOMETOWN DAY

Saturday, September 4

Hometown Day hopes to be a fun-filled celebration for the entire community. The event will kick-off with a parade at 11am, featuring floats and at least three marching bands. High Street and Stradley Place will be filled with children's activities and food trucks, including Amish Country Donuts, and musical acts such as Frankie & Ranke and The Usual Suspects & Repeat Offenders.

Activities at Your Center

MONDAYS

9:00 - 3:00 Quilting Club

TUESDAYS

11:30 - 3:00 Lunch & cards (noon on 2nd Tuesday)

WEDNESDAYS

Massages with Jennifer

9:30 Chair Volleyball

1:00 (1st & 3rd) Painting Pals

1:00 (2nd & 4th) Belly Dancing Body Fitness

1:00 - 3:00 Yarn Works

THURSDAYS

Massages with Hillary (2nd & 4th)

1:00 (2nd & 4th) Mexican Train Dominoes

FRIDAYS

Noon - 3:00 (1st Friday) Bingo

11:30 (3rd Friday) Out to Lunch Bunch

12:00 - 3:00 (2nd & 4th Friday) - Euchre

Weekly Lunches at the Center

Lunch is served Tuesdays at 11:30am at a cost of \$3.00.

Please sign up before noon on Friday for the following Tuesday lunch.

On the second Tuesday of the month, (except January and February) the C.W. Senior Citizen's, Inc hold their monthly meeting and lunch is at noon.

Thanks to sponsorship donations by area businesses, we are able to keep regular Tuesday lunches at \$3.00.

AUGUST LUNCH SPONSORS

August 3 - Bella Care Hospice

August 10 - lunch & meeting (noon)

August 17 - Human Services "SOUP Kitchen"

August 24 - FairHope Hospice

August 31 - Altercare

FOOTBALL for FOOD

Thursday, August 12 at 6pm

Cheer on the Indians as they play Pickerington North Panthers! Bring a canned food to get in the game for FREE!



Lunch & Meeting Noon



August 10 Lunch



Mysterious main dish

Suspicious side dish

Delightful Dessert

Iced Tea & Coffee



\$3.00

August 17



~ SOUP KITCHEN!! ~

Lunch is provided by Canal Winchester Human Services. Receive a FREE lunch with a donation valued at least \$3.00.

This month's request is for school supplies. Especially needed are: **markers, glue sticks, highlighters and dry erase markers.** Without a donation, lunch will be \$3.00 and the money is donated to the Canal Winchester Community Food Pantry.

"LADIES LOOKING LOVELY"



(formerly know as the Red Hat Society)

Join this group of lovely ladies as they meet for lunch, laughter and friendship.

Wednesday, August 18

Noon



Marie Scramblers (Kroger Shopping Center)

Contact Bev for details at 614-315-8679

Out to Lunch Bunch

Friday, August 20

MacKenzie River

1281 Hill Rd. North, Pickerington

Be at the Human Services by **11:00** to ride the van or meet at the restaurant by **11:30**. You are welcome to drive, but please sign up so you can be included in our count.



Happy Birthday

- Aug 1 Bonnie Laposki
 Aug 2 Bobbie White, Herman Stine
 Aug 4 Karen Miller
 Aug 6 Anne Smith, Diane Price
 Aug 8 Sharyn Evans, Pat Williard, Charles Poore, Glen Crabtree
 Aug 10 Linda Bryant, Jackie Whitehead, Mary Boyer, Mary Harden
 Aug 12 Patricia Queen, Carol Goodin
 Aug 14 Lelah Hedrick, Nancy Schirm-Wright, Judy Ferrone
 Aug 15 Linnea Alexander, Helen Hummell
 Aug 16 Ronni Brown
 Aug 18 Barbara Driver, Butch Sims
 Aug 19 Barbara Fabeck, Dotty Kupsky
 Aug 20 Jack Walker, Edgar Bentley, Diane Kurey
 Aug 21 Myrna Davis, Jean Mills, Betty Osborn, Cindy St.Clair
 Aug 22 James Bohnlein, Robert Emmert, Penny Ackley, Michael Quick
 Aug 23 Ruth Crabtree
 Aug 24 Judy Phelps, Patty McLoughlin
 Aug 25 Angela Smyers, Bridget Bauer
 Aug 26 Sarita Bower, Selena Dilley, Fran Potter
 Aug 27 Kathy Snide, Patty Bond
 Aug 28 Bruce Ceneskie
 Aug 29 Sue Counts, Jonetta Romanowski
 Aug 30 Ruth Rollason, Janet Stotler, Jeff Dodson
 Aug 31 Robert Davis



Happy Anniversary

- Aug 1 Robert & Donna Warren, Chuck & Emily Miller
 Aug 8 Mike & Marlene Gust, Roger & Jane Kline
 Aug 9 Robert & Anita Davis
 Aug 11 Ron & Bev Martin
 Aug 17 Bill & Rose Wright, John & Lois Thum III
 Aug 23 Vince & Judy Marinacci
 Aug 24 James & Marlene Bruning
 Aug 25 Buddy & Patricia Queen



Lending Library at the Center

The center has lots of books and puzzles which may be borrowed on the honor system. Come and help yourselves!



Sunshine Cards by Linda Bryant and Allena Jordan

Call Linda or Allena at 614-824-0391 or the Center office at 614-837-8276 if you know of someone who would enjoy a card.

Calendar Photo Contest



The Senior Centers Calendar of Central Ohio will spotlight the creativity of photographers who are 50 and older. Photos should be in a horizontal (landscape) format. A maximum of five photo entries per photographer are permitted.

Each month of the calendar will feature a winning photograph of something in central Ohio. Full color calendars will be delivered to central Ohio community centers. Let's show off Canal Winchester!

The deadline is September 3. If you have questions call the Central Ohio Area Agency on Aging at (800) 589-7277.



Honor Flight

Flights for Veterans Take Off Again.

The mission of Honor Flight Columbus is to honor America's senior Veterans with a trip to Washington D.C. to visit our nation's memorials, to help them share their stories, and to celebrate and affirm their service and homecoming. It is a free, one day trip to Arlington National Cemetery, the World War II, Korean and Vietnam Memorials, as well as other sites.

Any Veteran with active duty prior to May 7, 1975 is eligible. For information go to Honorflightcmh.org or contact Marion Breidenbach at 614-837-9744.

Are you 55+ and looking for a way to share your time and talents? Do you live in the Franklin County area?

Are you interested in finding a rewarding volunteer opportunity?



The **Retired & Senior Volunteer Program (RSVP)** of VANTAGE Aging connects older adults with local nonprofits in need of volunteers. This volunteer matching service is free for anyone to use as it's federally funded. Contact RSVP Manager, Leah Santalucia at lsantalucia@vantageaging.org or (614) 674-4201.

B-I-N-G-O**August 6****Noon - 3:00pm****Cost is \$2.00 for 2 cards****Altercare will be bringing PIZZA for lunch!**

Come for the fun, food and friends!

**Chair Volleyball**

Volleyball practices are Wednesdays at 9:30. It's a great upper body workout with friendly teammates. New members are always welcome. Just stop in and play. You might just like it. You will definitely get your daily laughs!

~ Belly Dancing Body Fitness ~**August 11 & 25 at 1pm**

Join Kylie from Human Services as she shares her skills in dancing and fitness. The class is low impact and focuses on core, cardio and stretch in a fun dance workout to music. Easy to learn and fun!

Cost of \$1 or more is donated to Human Services Senior Outreach programs. **WOW!!**

**Progressive Euchre****August 13 & 27****Noon- 3pm ~ \$2 per person****July 9 winners****1st - Rich Holter****2nd - Linda Bryant****3rd - Jackie McGraw****Booby Prize - Roger Peacock****Loner - Evelyn Mullins****July 23 winners****1st - Jackie McGraw****2nd - Mary Thurn****3rd - Jim Schumacher****Booby Prize - Evelyn Mullins****Loner - Barb Allison****GROCERY SHOPPING SCHEDULE**

1st, 3rd, 5th MONDAY (12:00) - Meijer

2nd & 4th MONDAY (12:00) - Aldi

1st, 3rd, 5th TUESDAY (12:00) - WalMart

2nd, 4th TUESDAY (12:00) - Kroger

If you would like transportation for these trips, please call 834-4700 at least 2 business days before your requested day.

**Senior Massages**

Call Jennifer at 740-589-0321 for Wednesday appointments and call Hillary at 740-503-3066 or email hetennison@gmail.com for appointments on the second and fourth Thursdays of the month.

Take advantage of the **1/2 price senior rate of \$30!** Massages are given in complete privacy in the clinic of the Community Center by licensed massage therapists, Jennifer Boggs and Hillary Tennison.

WELCOME Hillary! (She's my niece!)**MEXICAN TRAIN DOMINOES**

Thursdays, July 8 & 22 at 1 pm

Join Kathy Dickson as she shows us how to play Mexican Train Dominoes. It is simple to play and lots of fun!

GROCERY SHOPPING SCHEDULE

1st, 3rd, 5th MONDAY (12:00) - Meijer

2nd & 4th MONDAY (12:00) - Aldi

1st, 3rd, 5th TUESDAY (12:00) - WalMart

2nd, 4th TUESDAY (12:00) - Kroger

Call 614-834-4700 at least 2 working days before your requested day.

Join Leza Holloway from Assisting Hands Home Care in crafting a unique **"Forget Me Knot" bangle style bracelet** with crystal beads or charms.

August 17 at 1pm

All supplies will be provided for free. Limited to first 10 participants. RSVP by August 13. (This event has been rescheduled from July 29.)



YarnWorks ~ Wednesdays at 1pm

Do you like to knit or crochet? Come join some friends who enjoy this handiwork.

No meeting on August 18

**Painting Pals**

Wednesday, August 4 ~ 1pm
(no meeting on August 18)

Are you an artist? Do you like to paint or draw? Let's get together at the Community Center. Bring your paints and a table cover. Call Carolyn at 614-312-8029 for information.

Senior Transportation

614-834-4700



The Canal Winchester Senior Transportation Program provides a number of FREE services for **Canal Winchester and Lithopolis** residents who are at least 60 years of age and live within the Canal Winchester School District or The Village of Lithopolis.



The program includes daily and group transportation. Daily transportation is provided for both medical and personal appointments, with priority given to medical appointments. Group transportation includes trips to local groceries and a variety of Senior Citizens Club activities. To participate, new clients must fill out a client information sheet. Transportation service is curb to curb. If you need assistance, someone may accompany you.

~~ Call 834-4700 for your appointment. ~~

Appointments must be scheduled at least two working days in advance and appointments must be between 9am and 2pm.

**Everyday Divinity Foot Care**

Make your appointment with Heather at
614-716-9919

Canal Winchester Trips

The following trips are funded by grants obtained by Canal Winchester Human Services. Checks must be payable to **Canal Winchester Human Services (CWHHS)**. Trips are limited to C.W. Senior Citizens members and require at least six people. **PAYMENT is due at sign up!** Trips depart from C.W. Human Services, 80 Covenant Way.

Shopping in Pickerington & Lunch
Friday, August 13

We'll shop at Kohls and/or Volunteers of America then have lunch!

Leave the Food Pantry at 10:00am

**To Have and Have Not**
at The Ohio Theatre

Thursday, August 26

Lauren Bacall and her soon-to-be husband, Humphrey Bogart star in this screen adaptation of the Hemingway novel, **To Have and Have Not**. Expatriate American and fishing-boat captain Harry Morgan (Bogart) falls on hard times and is forced to transport a French Resistance leader and his wife to Martinique where he meets an alluring lounge singer (Bacall).

Leave Human Services at 5pm

Dinner at **Milestone 229** and movie starts at 7:30pm
\$5.00 due by August 10

Velvet Ice Cream tour

Wednesday, September 15



Video at 11:15am and then time to walk the grounds. Lunch and Ice Cream after.
Leave CW Human Services at 10am

**STRAIGHT NO CHASER**

Tuesday, December 21

Enjoy this amazing professional a cappella group at the Palace Theatre. Leave Human Services at 4:30
Dinner (on your own) before the show.

\$57.50 is due by August 6!

It's APPPLE PICKING time !!

Thursday, September 30

Leave Human Services at 9:30am
Apple picking at Lynd's Fruit Farm then it's off to lunch at Cracker Barrel.



PARTNERSHIP TRIPS

The following trips are offered in partnership with Groveport and Pickerington Senior centers. Often Canal Winchester members will board in Groveport, however occasionally we board in Pickerington. Please pay attention at which Center you will board the bus.

Deposits are due at signup and checks are payable to **Pickerington Senior Center**. Brochures are available.



The Bus is Leaving Pickerington...

August 3 at 8:30am for Elvis lunch cruise

The Bus is Leaving Groveport ...

August 24 at 8:45am for City Slickers

CITY SLICKERS meets the WILD WEST

Tuesday, August 24



Enjoy a tour of Dogwood Pass and the Roy Rogers Museum and a hot lunch before the old west gun fight. Travel on to Grandpa Joe's Candy Shop along with several other quaint stores nearby to satisfy your shopping wants. The final stop is Hirsch Fruit Farm.

\$113 is due at sign up.

JINGLE JANGLE CHRISTMAS JUBILEE

November 10



Have lunch at Salt Fork Lodge, then listen to the sounds of a blend of Christmas, Gospel, and patriotic music. Depart for Dickens Christmas Village. Visit Ye Old Curiosity Shoppe. Enjoy Dickens scenes all throughout the Victorian Village, which are made of life sized and handmade mannequins wearing vintage clothing. The faces are sculpted and painted by local artists.

Boxed dinner will be served at the Welcome Center. Watch the courthouse come alive in the evening with animated light displays, and thousands of lights which are synchronized to holiday music

\$140

DISCOVER CANYON COUNTRY

September 1 – 8

Highlights include: Scottsdale, Oak Creek Canyon, Kaibab National Forest, Grand Canyon, Lake Powell, Choices on tour: Bryce Canyon National Park, Zion National Park. Tour ends in Las Vegas. Eight Days, 10 meals (6 breakfast and 4 dinners).

Double **\$3119**. Cancellation waiver and insurance of \$275 per person is available.

IRISH SPLENDOR

October 13 – 20



Day 1: Overnight Flight. Day 2: Dublin – visit Christ Church Cathedral, for canapes and cocktails in the cathedral's crypt. Day 3: Sightseeing tour of Dublin. Day 4: Visit to the Blarney Castle. Day 5: Dingle Peninsula - Killarney. Day 6: Cliffs of Moher – Ennis. Day 7: Ennis – Tullamore – Kingscourt. Day 8: Tour Ends with great memories of Ireland.

Double **\$3149**, Single \$3549 and Triple \$3119.

PENNSYLVANIA AMISH HOLIDAY TOUR

November 16 – 19

Trip includes: 3 nights at the Heritage Hotel, a guided tour of the Amish countryside, including stops at an Amish Craft Farm and Bake Shop. Visits to Kitchen Kettle Village, Wilbur Chocolates, and free time in Lititz. Enjoy "Winter Wonderland" at the American Music Theatre and "Queen Esther" at Sight & Sound Theatre. Includes 3 breakfasts and 3 dinners. Flyers are available at the Center.

\$429 with a deposit of **\$100** due on sign up, balance is due by September 28.

ISLANDS OF NEW ENGLAND

August 12-19, 2022

Highlights: Providence, Newport, choice of options on tour, Block Island, Cranberry Bog, Plymouth Rock, Cape Cod, lobster dinner, Martha's Vineyard, Provincetown, Hyannis, and Nantucket. Save \$100 if booked before February 12. Double **\$3249**, Single \$4049.

Ohio Senior Health Insurance Information Program (OSHIP)

Do you need help navigating the Medicare Advantage plans, Medigap policies and drug plans? Ohio Department of Insurance offers free health insurance information and counseling.

Call the hotline at 1-800-686-1578.

AUGUST

Canal Winchester Community Senior Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 11:30 Lunch & Cards Sponsor - Bella Care Hospice	4 Massages 9:30 Volleyball 1:00 Yarn Works 1:00 Painting Pals 7:00 CW Art Guild	5	6 Noon - BINGO sponsored by Altercare	7 10-12 Rented 5-7 Rented
8	9 9-3:00 Quilting 10:00 CW Senior Board Meeting 6:00 Rented	10 Noon - Lunch & Meeting Sponsor - Brock- Strong	11 Massages 9:30 Volleyball 1:00 Yarn Works 1:00 Belly Dancing Body Fitness	12 Massages with Hillary 1:00 Mexican Train Dominoes	13 Noon - 3:00 Progressive Euchre	14
15	16 9-3:00 Quilting	17 11:30 Lunch SOUP KITCHEN	18 Massages 9:30 Volleyball RED CROSS Blood Drive	19	20 11:00 Out to Lunch Bunch	21 10-2 Rented
22 1-4 Rented	23 9-3:00 Quilting 6:00 Rented	24 11:30 Lunch & Cards Sponsor - FairHope Hospice	25 Massages 9:30 Volleyball 1:00 Yarn Works 1:00 Belly Dancing Body Fitness	26 Massages with Hillary 1:00 Mexican Train Dominoes	27 Noon - 3:00 Progressive Euchre	28
29	30 9-3:00 Quilting	31 11:30 Lunch & Cards Sponsor - Altercare				

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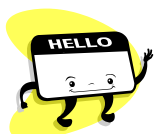
PRSRT STD
U.S. POSTAGE PAID
PERMIT NO 9003
COLUMBUS, OH

Dated Material Enclosed
Please deliver promptly



Do you have a name badge identifying you as a member of the C.W. Senior Citizens Club?

Wearing name badges to activities helps people learn one another's names.



The badges are only \$3.00 each. If you have lost your badge we can order a new one.

Frances Steube Community/Senior Center
22 S. Trine Street
Canal Winchester, OH
614-837-8276
Hours: 8:30 a.m. - 4:30 p.m.

CENTER STAFF

Linda Tennison - Community Center Coordinator

2021 - 2022 Officers

President - Tracy Weiland

Vice President – Judy Phelps

Secretary - Bev Boyce

Treasurer - Kathy Dickson

Trustee - Jeanne Johnston (3rd Year)

Trustee - Theresa Stewart (2nd year)

Trustee - Martha Cox (1st Year)